

10 December 2024

Dear Parents and Carers,

RE: PSHE Lessons for Term 3

As a part of your child’s education at Bexhill Academy, we promote personal well-being and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and Trust Board.

	Year 7	Year 8	Year 9	Year 10	Year 11
Topics	Diversity Diversity, prejudice, and bullying <ul style="list-style-type: none"> • Diverse society • Identity and characteristics • Stereotypes and prejudice • Discrimination • Bullying and abuse 	Emotional wellbeing and relationships <ul style="list-style-type: none"> • Friendship and empathy • Bullying and bystanders • Friendship challenges, Similarities, differences and peer influence • Consent and Avoiding assumptions • Freedom and capacity to consent • Feelings about sending nudes 	Drug and alcohol education: <ul style="list-style-type: none"> • Assessing knowledge about alcohol • Alcohol, units and the law • Drugs and young people’s attitudes and behaviours regarding drug use including the potential legal consequences of using illegal drugs 	Tutor time: <ul style="list-style-type: none"> • Rights and responsibilities • Healthy and unhealthy relationships • Qualities of a healthy relationship • Abusive relationships • Gaslighting PSHE drop down: date tbc. Consent, Contraception, Condoms.	Different types of relationships and parental responsibilities: Different families and parental responsibilities, pregnancy, abortion, fertility. <ul style="list-style-type: none"> • Fertility and Routes to Parenthood • Pregnancy Outcomes • Pregnancy Choices

External Visitors	Police Liaison officer – Online Safety during their one of their PSHE lessons throughout the year			Police Liaison officer – Sex, consent and the law during tutor time	
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I am writing to let you know the topics your child will be taking part in during Term 3 for their PSHE lessons.

Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment underpinned by our academy ethos and values.

If you would like to find out more or to discuss your right to withdraw your child from the Relationships and Sex Education element of PSHE, please email me directly to discuss the options available for your child.



Alicia Steward
PSHE lead

Alicia.steward@bexhillacademy.org