

11 December 2024

Dear Parents and Carers,

**Subject: Supporting Our Year 11 Students Post-Mock Exams**

I hope this message finds you well. Firstly, I would like to extend my gratitude to you for supporting your child's journey through their Year 11 mock exams. We understand that this is a challenging period for both students and families, and your encouragement and support are invaluable.

Unfortunately, it has come to our attention that some parents and guardians were unable to attend the recent parent evening. We would greatly appreciate it if you could share the reasons for your absence. Your feedback will help us understand any barriers and work together to ensure that every student receives the support they need as we approach the crucial GCSE exams.

In addition to this, we want to provide you with some strategies to support your child in the lead-up to their GCSE exams:

1. **Establish a Routine:** Encourage your child to create a study timetable, balancing study time with breaks and leisure activities to prevent burnout.
2. **Create a Study Space:** Help your child set up a quiet, organised, and distraction-free area (no phones) for studying.
3. **Utilise School Resources:** Remind your child to make use of the school's resources, such as revision guides, Lunch and Learn, Year 11 Google Site, QLA, Pin-Points, past papers, and any additional help from teachers.
4. **Encourage Regular Breaks:** Ensure your child takes regular breaks during study sessions to stay focused and refreshed.
5. **Promote a Healthy Lifestyle:** Encourage a balanced diet, regular exercise, and sufficient sleep to support their overall well-being.
6. **Stay Positive and Supportive:** Offer encouragement and understanding. Celebrate their efforts and achievements, no matter how small.

If you have any questions or need further support, please do not hesitate to contact us. We are committed to working together to ensure every student achieves their best potential.

Thank you for your ongoing support.

Best regards,



Miss J Jenkins  
Head of Year 11  
Assistant Headteacher  
Literacy and Reading  
Teacher of History