

Physical Education - Curriculum Intent

Physical Education provides opportunities for all pupils to take part in regular physical activity and seeks to inspire students to excel in competitive sport and other physically demanding activities. Our vision in PE is for all students to become physically literate, inquisitive, creative and confident when taking risks. It offers a broad and balanced approach that engages students of all abilities and allows them to improve skills and techniques in areas that include games, dance, gymnastics, athletics and health and fitness. Students are encouraged to develop the confidence, interest, knowledge and understanding which inspires them to opt for a Physical Education course at Key Stage 4, as well as helping them to develop a lifelong love of sport and physical activity. Opportunities to take part in Physical Education build character and help to embed values and transferable skills such as fairness, respect, teamwork, leadership, co-operation and resilience.

In Key Stage 3, students' journey through Physical Education sees them focus on acquiring and developing skills in Year 7, selecting and applying appropriate skills and tactics in Year 8 and evaluating and improving performance in Year 9.

Our Key Stage 4 curriculum fosters a love of sport and physical activity and encourages students to make informed choices about the activities they take part in to support and encourage them towards lifelong participation in sport and physical activity.